

FEDOR MANOR Newsletter

HELLO OCTOBER



Fedor Staff:

Holly Linden - Prop. Manager
Shauna Lako - Occ. Specialist
Debbie Gilner - OfC. Assist.
Wendy Lacasse - servc. coord.
Nick Thorpe - maint Supervisor
Sean Campbell - maint tech
Lydia Perez - custodian

Office Phone #:

216-226-7575

Service Coordinator phone #:

216-712-4010

The month of
October is called "October"
because it comes from the
Latin word "octo,"
which means eight.

In the original
Roman calendar, October
was the
eighth month of the year.



FEDOR MANOR



HELLO OCTOBER

LET'S WELCOME OUR
NEW RESIDENTS:

LINDA WORKMAN
JUNE GRAY
CAROL MILLER



Promptness



Please be on time to any scheduled event you signed up for. If you are unable to attend, please remove yourself from the sign-up sheets. Most events are planned based on number of participants. Do not sign up if you don't plan to attend.



Events

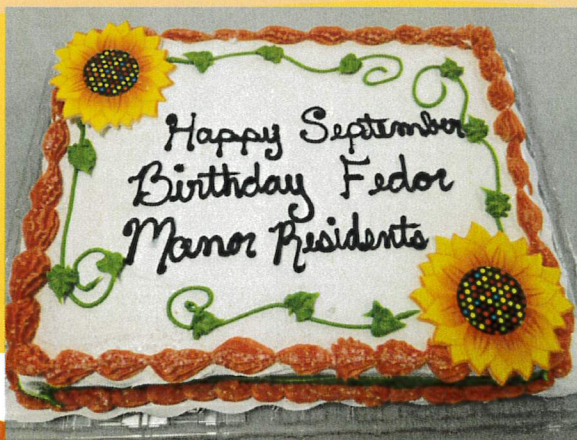
Check the calendar for any upcoming events. All event dates and times will be posted. Signup sheet will be placed on the sign-up table. Please check each event flyer for more information.

Pictures

We will be taking pictures at our monthly events and putting them on our social media page. If you do not wish to have pictures of you included, please let us know.



September Birthday Party Pics

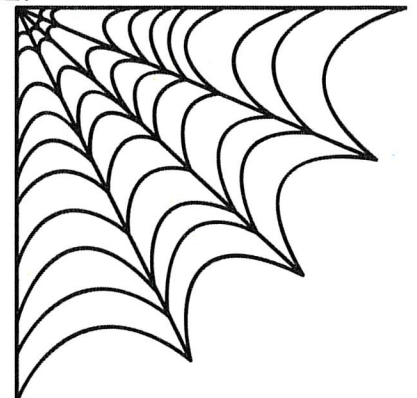




Words with Wendy

OCTOBER IS GLOBAL DIVERSITY AWARENESS MONTH WHICH PROMOTES KNOWLEDGE AND RESPECT FOR DIFFERENT CULTURES. FEDOR MANOR IS A DIVERSE COMMUNITY WHICH I BELIEVE MAKES US A SPECIAL PLACE TO LIVE AND WORK. IT IS IMPORTANT THAT ALL RESIDENTS FEEL VALUED AND RESPECTED REGARDLESS OF OUR BACKGROUND OR DIFFERENCES.

MEDICARE OPEN ENROLLMENT IS FROM OCTOBER 15TH THROUGH DECEMBER 7TH. DURING THIS TIME, YOU CAN SWITCH FROM ORIGINAL MEDICARE TO A MEDICARE ADVANTAGE PLAN (IF YOU HAVE BOTH MEDICARE PART A AND B). YOU CAN SWITCH FROM ONE MEDICARE ADVANTAGE PLAN TO ANOTHER. YOU CAN ALSO SWITCH FROM ONE MEDICARE PART D PLAN TO ANOTHER. YOU CAN ENROLL IN A MEDICARE PART D PLAN IF YOU DIDN'T ENROLL WHEN YOU WERE FIRST ELIGIBLE (A LATE ENROLLMENT PENALTY MAY APPLY UNLESS YOU HAVE EXTRA HELP OR MEDICARE SAVINGS PROGRAM). IF YOU CHOOSE A NEW PLAN, IT WILL START ON JANUARY 1ST. YOU MAY RECEIVE MARKETING MATERIALS LIKE BROCHURES FROM INSURANCE COMPANIES THAT OFFER MEDICARE HEALTH AND PRESCRIPTION DRUG PLANS. REMEMBER AGENTS AREN'T ALLOWED TO CALL OR COME TO YOUR HOME WITHOUT AN INVITATION FROM YOU. DON'T SHARE YOUR MEDICARE NUMBER OR ANY OF YOUR PERSONAL INFORMATION SUCH AS YOUR BANK ACCOUNT, CREDIT CARD NUMBER, MOTHER'S MAIDEN NAME, OR PASSWORDS WITH ANYONE WHO CONTACTS YOU BY PHONE, MAIL, TEXT OR IN PERSON. FRAUDULENT ACTIVITY TENDS TO INCREASE AROUND MEDICARE OPEN ENROLLMENT. SCAMMERS OFTEN TAKE ADVANTAGE OF PEOPLE WHO HAVE QUESTIONS AND CONCERNS DURING OPEN ENROLLMENT. THEY MAY CALL, EMAIL OR TEXT PRETENDING TO BE GOVERNMENT ENTITIES OR INSURANCE PROVIDERS AND OFFER "FREE HEALTH SCREENINGS" OR "FREE GIFTS. IF YOU RECEIVE ANY CALLS CLAIMING TO BE FROM "MEDICARE" ASKING FOR YOUR SOCIAL SECURITY NUMBER OR BANK INFORMATION, HANG UP. YOU CAN'T TRUST CALLER ID. THESE CALLS CAN BE SPOOFED SO THEY LOOK LIKE THEY ARE COMING FROM MEDICARE EVEN THOUGH THEY ARE NOT. YOU CAN INITIATE YOUR OWN CALL TO MEDICARE BY CALLING 1-800-MEDICARE.



Words with Wendy



MEDICARE WILL NEVER CALL YOU TO SELL ANYTHING, VISIT YOUR HOME, OR ENROLL YOU OVER THE PHONE UNLESS YOU CALL THEM FIRST. NEVER PURCHASE GIFT CARDS AS PAYMENT FOR ANYTHING. DON'T ANSWER CALLS FROM NUMBERS YOU DON'T RECOGNIZE. IF YOU DO ANSWER THE PHONE, BUT BECOME SUSPICIOUS THAT THE CALL ISN'T LEGITIMATE, DON'T HANG ON, HANG UP. IF YOU GET A PHONE CALL FROM SOMEONE CLAIMING TO BE YOUR INSURANCE, HANG UP AND CALL THE NUMBER ON THE BACK OF YOUR INSURANCE CARD.

SCAMMERS ARE GOOD AT WHAT THEY DO. THEY MAY SAY THEY ARE FROM A COMPANY OR GOVERNMENTAL AGENCY YOU KNOW LIKE THE FBI OR YOUR BANK.

THEY MAY TELL YOU THERE IS A PROBLEM LIKE YOUR ACCOUNT HAS BEEN COMPROMISED OR THAT YOU WON A PRIZE. THEY MAY PRESSURE YOU AND THEY DON'T WANT TO GET YOU OFF THE PHONE. THEY MAY TELL YOU NOT TO TELL ANYONE AND THAT BAD THINGS WILL HAPPEN IF YOU DON'T COOPERATE. NEVER AGREE TO PAY OR TRANSFER MONEY WHEN YOU GET A CALL LIKE THIS FROM OUT OF THE BLUE. IT IS A SCAM IF THEY ASK YOU TO PAY BY A GIFT CARD. GET OFF THE PHONE AND CALL SOMEONE YOU TRUST. IF YOU SEE A TEXT, EMAIL, OR MESSAGE THAT TELLS YOU TO PAY WITH CRYPTOCURRENCY IT IS A SCAM. REPORT ANY WRONGDOING TO MEDICARE SENIOR PATROL AT 1-800-488-6070. THIS AGENCY PROVIDES EDUCATION AND RESPONSE TO REPORTED MEDICARE FRAUD, WASTE, AND ABUSE. THE NUMBER TO THE NATIONAL ELDER FRAUD HOTLINE IS 1-833-372-8311. THE NUMBER FOR THE SCAM SQUAD IS 216-443-7226. THE NUMBER FOR THE FEDERAL TRADE COMMISSION IS 1-877-382-4357 THE NUMBER FOR OSHIP (OHIO SENIOR HEALTH INSURANCE PROGRAM)

IS

1-800-686-1578.



Words with Wendy

October Activities



ON OCTOBER 7TH AT 11:00 SPRY SENIOR WILL BE HERE FOR PIZZA AND BINGO.

ON OCTOBER 14TH AT 11:00 VILLAGE CAREGIVING WILL BE HERE FOR BINGO,
PRIZES, AND SNACKS.

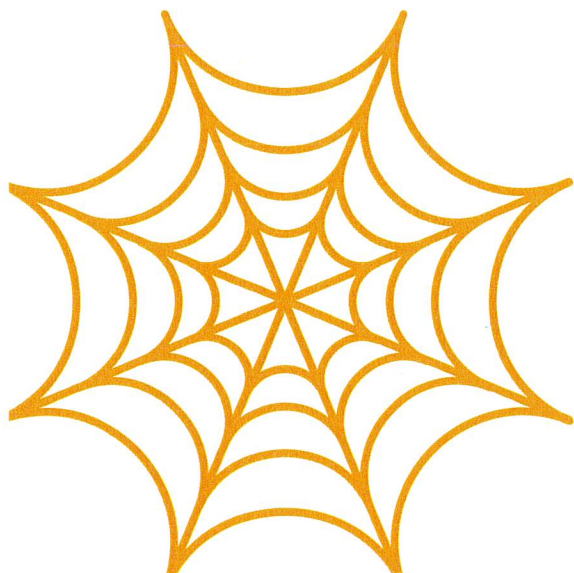
OCTOBER 17TH AT 1:00 STAFF FROM FAIRVIEW HOSPITAL WILL BE HERE FOR A
PRESENTATION ABOUT "STROKE 101, FALL PREVENTION, AND TRAUMA.

THE CUYAHOGA COUNTY DEPARTMENT OF JOB AND FAMILY SERVICES WILL BE
HERE ON OCTOBER 20TH AT 1:30 FOR A PRESENTATION.

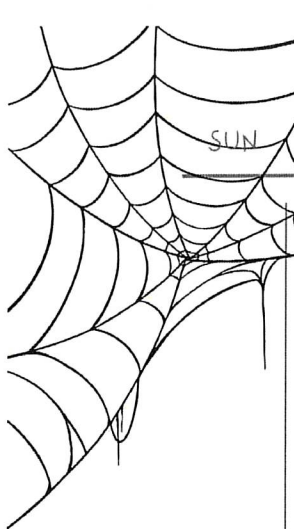
ON OCTOBER 21ST AND OCTOBER 30TH MICHELLE WALDRON AND HER CO-
WORKER DAVE WILL BE HERE
BY APPOINTMENT ONLY. PLEASE SIGN UP IF YOU WOULD LIKE AN APPOINTMENT.
THIS WILL TAKE PLACE IN THE DIVISION OF AGING SECTION OF THE BUILDING.

OCTOBER 22ND AT 11:00 RACHEAL FROM O'NEILL HEALTHCARE WILL BE HERE
FOR BINGO.

WENDY LACASSE SERVICE COORDINATOR



October 2025



SUN	MON	TUE	WED	THU	FRI	SAT
			1 6 th floor pest	2	3 9:30 Donuts & Discussion Bingo	4
5	6	7 Spry Senior Pizza & Bingo 11:00 Yoga 1:30	8 7 th floor pest Agape Home Pumkin painting 1-2	9 VNA 1pm	10 Bingo	11
12	13	14 Village Caregiving 11:00	15 B-day noon 8 th floor pest	16	17 Bingo Fairview Hospital 1-2	18
19	20 Job Family Svcs 1:30	21 Grocery Day 2pm Oliver Michelle Waldron by appt 9-5	22 O'Neil Bingo 11-12 9 th floor pest	23 Ryan Ins 9-6 by appt	24 Bingo	25
26	27	28	29 pest 10th floor	30 Michelle Waldron Teresa Bingo Halloween Party noon	31 HAPPY HALLOWEEN	



events are subject to change

