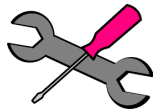


Fedor Manor April 2022 News

Maintenance Requests

If you have any maintenance requests please call the office immediately to start a work order. This is to ensure it gets fixed in a timely matter. DO NOT wait to report it.



Building Staff

Holly Linden -
Property Manager

Shauna Lako -
Assistant Property Manager

Lydia Perez -
Office Assistant

Wendy LaCasse -
Service coordinator

Dennis Markley -
Maintenance Supervisor

Sean Campbell -
Maintenance Tech

DeeDee Taylor -
Custodian

EMPLOYEES

Blog

If you've written something you would like featured in our monthly newsletter, send a copy to my email,
Slako@fedormanorapartments.com
Or drop a copy off to the office.



Recertifications

Those of you who are due for recertifications will be delivered paperwork to sign and return. At your scheduled interview, if you cannot make it, please call Shauna at 216-226-7575 to reschedule. It is very important to come to your scheduled meeting to keep your rent subsidy



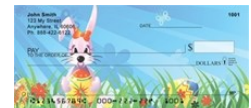
Office Hours

Are Monday - Friday from 9am-3pm. If you have an afterhours maintenance emergency, please call 216-226-7575 and press 1



Rent Payments

Rent is still due by the 5th of the month, please be sure to place It in the slot on the office door. DO NOT use an envelope.



Promptness

Please be on time to any scheduled event you signed up for. If you are unable to attend, please remove yourself from the sign-up sheets. Most events are planned based on number of participants. Do not sign up if you don't plan to attend.



Welcome our New Residents

Nicholas Kontos Apt 402

Pictures

We will be taking pictures at our monthly events and putting them on our social media page. If you do not wish to have pictures of you included, please let us know.



Laundry Room Rules

Please share the laundry room with your fellow residents. Only 2 washers and 2 dryers in use per tenant. No powder detergent! If an out of order sign printed from the office is not present the appliance is ready to use.



Shopping Carts

Tenants must sign up at the office to use the shopping carts. Please see a staff member to use them



Bag of Groceries

We will no longer be delivering the bag of groceries which is dropped off every third Tuesday of the month. You must come downstairs and pick it up. If you do not your bag of groceries will be donated. It will be listed on the calendar each month



No Smoking

By law you may not smoke within 30 feet of any entranceway. This means that you may not smoke by either entry door, the outdoor patio, or the outside stairway entrance. You must move away from the building to smoke. Smoking on the building grounds can result in a lease violation. Please see your house rules for information on this topic.



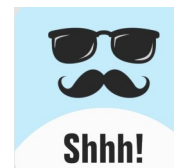
Socializing

Please refrain from “socializing” in front of any of the building’s entryways. This can make it difficult for other residents to enter and exit the building while also causing a safety hazard.



Loud Noises

Please be mindful of your neighbors and keep the noise to a minimum between the hours of 10pm and 7am



After Hours Maintenance Emergencies

If you have an afterhours maintenance emergency, please dial 216-226-7575 and press 1 to be connected to the emergency service line. Please do not call the maintenance crews phones or knock on their doors. The emergency service will contact them if needed.



Events

Check the calendar for any upcoming events. All event dates and times will be posted. Events that require a signup sheet will have one placed on the sign-up table. Please check each event flyer for more information.



Like our Facebook page <https://www.facebook.com/fedormanorapartments>



Attention All Green Thumbs (Gardeners)

As spring approaches, we need volunteers to help with our garden. Most grow plants in pots. When summer comes, we will need volunteers to water the raised beds and plants next to the building and fence.

If interested, please signup. There will be a sign up sheet posted on the table.

Meetings will begin in late April



Easter Lunch

We will be having an Easter lunch on Wednesday April 13th, at 12pm. This is a sign-up based event. If you do not sign up you will not be able to participate.

The sign-up deadline will be end of day on Friday April 8th.

Please put your name and apartment number on the signup sheet located on the sign up table.



Words with Wendy

I wanted to write a little about Medicare. There is original Medicare which includes Part A that helps pay for care in a hospital, skilled nursing facility, home health care, and hospice.

Medicare Part B helps pay for outpatient services like doctors, outpatient hospital care, durable medical equipment, and other medical services.

If you are paying for your Part B premium, please let me know so I can help you look into a Medicare Savings Program. Qualified Medicare Beneficiary (QMB) acts like a free Medicare supplement. It pays for the Part B premium and all deductibles and coinsurance that Medicare does not pay. Specified Low Income Medicare Beneficiary (SLMB) and Qualified Individual (QI) helps pay for the Part B premium. You may qualify for one of these Medicare Savings Program based on your income and resources.

Part D pays for prescriptions. Extra Help is a program to help people with limited income and resources pay for Medicare prescription drugs. You may qualify for Extra Help depending on your income and resources.

Medicare advantage plans are for people who are enrolled in Medicare Part A and B. Advantage plans cover everything original Medicare covers and are offered by private insurance companies. Most of these plans include drug coverage and have hearing, dental, vision, transportation, gym memberships, and over the counter benefits. Some provide a healthy food card and pay for a personal emergency response system.



Words with Wendy (Continued)

If you have Medicare and Medicaid together, you can opt in or opt out. If you opt in, you have to choose a Medicaid plan to manage both your Medicare and Medicaid, or one will be selected for you. If you opt out, you can do what you want with your Medicare (original Medicare or advantage plan), but you have to choose a plan to manage your Medicaid, or one will be selected for you. If you opt in, it includes drug coverage. This will include all your benefits on one card. If you opt-out, you can get your drug coverage thru a Medicare Part D plan or an advantage plan.

My Care Ohio is for people who have both Medicare and Medicaid. You may be able to receive extra benefits depending on the plan that you choose. It includes all benefits available thru traditional Medicare and Medicaid programs. You are also eligible for a case manager with this plan. This program uses a team approach to coordinating your care based on your needs and preferences. You would have one insurance card for your health care needs.

If you have original Medicare only, there are no caps on out-of-pocket costs. Medicare advantage plans have an annual cap on out-of-pocket expenses. Before deciding on an advantage plan, you want to make sure your physicians are in network and your medications are on the formulary. Some plans you need a referral to see a specialist. If you have Extra Help or a Medicare Savings Program, you can change advantage plans every quarter.

If you receive Medicaid or QMB, you can get an advantage plan with no premium and no cost sharing. If you receive SLMB, QI, or Extra Help (depending on the level), you can get an advantage plan with no premium but there are out of pocket costs just like there would be with original Medicare.



Please reach out to me if you want my help looking into the Medicare Savings Programs or Extra Help. If you are interested in learning more about advantage plans, I can set up a meeting with a Licensed Insurance Agent for you. Michelle Waldron, Licensed Insurance Agent, will be here on April 12th at 2:00 on the first floor for a presentation.

Words with Wendy (Continued)

Please reach out to me if you want my help looking into the Medicare Savings Programs or Extra Help. If you are interested in learning more about advantage plans, I can set up a meeting with a Licensed Insurance Agent for you. Michelle Waldron, Licensed Insurance Agent, will be here on April 12th at 2:00 on the first floor for a presentation.

On April 14th Pro-Seniors will be here at 1:00 on the first floor to educate us on Medicare fraud and how to protect your Medicare number and your medical identity.

April is Arab American Heritage Month.

On April 6th at 1:00 Caring Hospice will be here to discuss Healthy Aging and Mindfulness.

April 19th is the grocery delivery day from LCSC. Please come down to get your groceries around 2:00. If you have any questions regarding this, please let me know.

The next podiatry clinic will be on April 20th. Please call Dr. Bakich's office if you would like to participate at 330-339-6233.

April 20th ESOP will be here at 10:30 to play SCAMO to make it fun to learn how to protect yourself from scams. Please use the sign-up sheets if you are interested in participating.

Wendy LaCasse
Service Coordinator
216-712-4010



April Birthdays

Katica Babin April 5th Apt # 1110

Donald Gamary April 7th Apt # 1004

Linda Harkless April 9th Apt # 706

Ellen Barrett April 10th Apt # 313

Wendy LaCasse April 10th Office

Lynette Taylor April 14th Apt # 205

Lydia Perez April 15th Office

Pamela Valentine April 16th Apt # 704

Clydes Winfield April 16th Apt # 1103

Marthan Brown April 20th Apt # 814

Diane Griffin April 21st Apt # 614

Eugene Swiecicki April 26th Apt # 1104

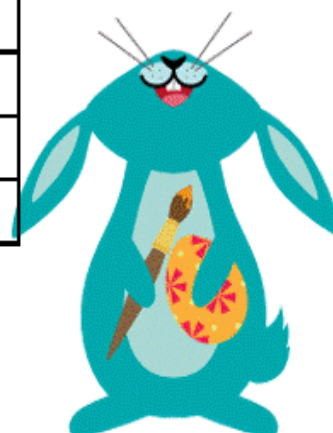
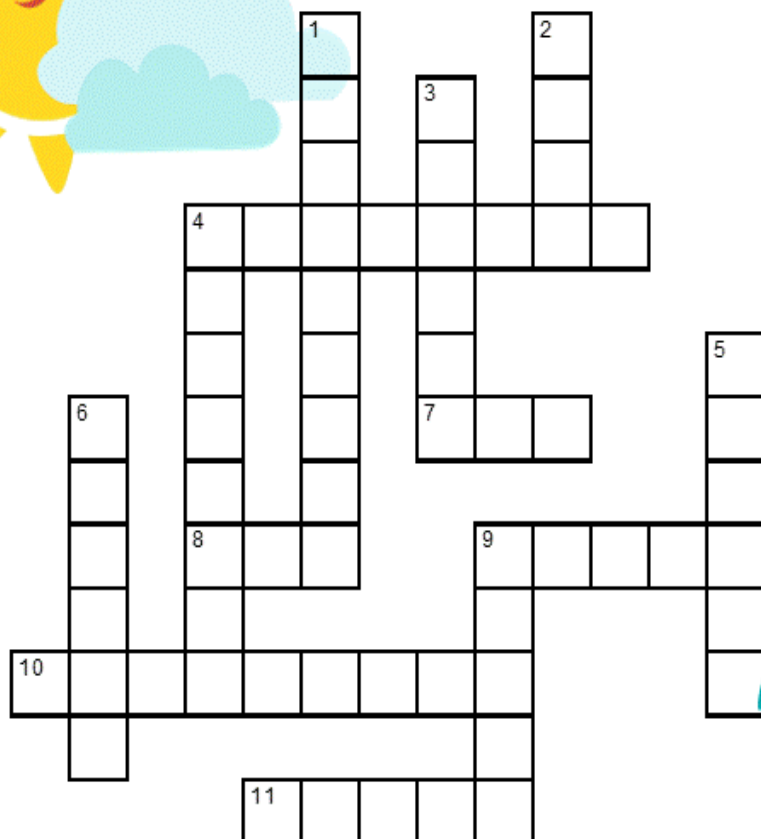
Iris Diaz April 27th Apt # 608

HAPPY
EASTER





Easter Crossword



ACROSS

4. You might do this to eggs for Easter
7. A hen makes this
8. Used to color eggs
9. The hen's baby
10. Colorful candy you might find in an Easter basket
11. Peter Cottontail is one

DOWN

1. Eggs might be made from this
2. Look for eggs
3. Easter Day event
4. Yellow or white spring flower that grows from a bulb
5. What the Easter Bunny brings
6. A pretty hat worn on Easter
9. Don't eat too much of this or you might get a belly ache



Self Defense Class

Your safety is so important which is why we will be having a safety defense class on April 4th from 1:00 to 2:30pm on the first floor.

The class will be verbal and physical ideas to help keep you safe.

We hope to see you there!

Please sign-up on the first floor, if you are interested.

Please call Wendy at 216-712-4010 if you have any questions.



Thinking
of
You
at
Easter

Easter is a time
to reflect
on the gifts
that
surround us
every day...



Fedor Manor Safety Meeting 3/22/2022 Minutes

Attendance: Toni Gelsomino (Director of Health and Human services); Tom Bullock (Lakewood City Council) ; Officer John Winter; Donn Hecklemoser (Ceo Of LSC Management Co); Holly Linden (Propety Manager); Shauna Lako (Assistant Property Manager); Lydia Perez (Office Assistant); Wendy Lacasse (Service Coordinator); Dennis Markley (Maintenance Supervisor); Sean Campbell (Maintenance Tech); Dyanthea Taylor (Custodian)

Call to order time: 11:45am

Report:

Check camera placement– add cameras?

Suspect has been identified and warrant issued.

(update 3-23-2022 suspect has been arrested)

Discussion on if tasers or pepper spray are allowed in the building.

Safety trainings for residents.

See if doors can close any faster based on Hud requirements.

Senior watch was discussed

Remove chairs from hallway.

Do not let anyone in the building. Only let in your own guests. Even if it's a resident.

Discussed having a guest check in.

Freight door not closing all the way.

Tom Bullock discussed higher police presence in the neighborhood.

Officer Winters offered his help if in need.

Toni Gelsomino suggests anyone feeling traumatized should speak with Wendy.

Pay attention to your surroundings. If something or someone worries you contact the police department immediately. There is safety in numbers. Think about walking with a buddy whenever traveling throughout the neighborhood.





April 2022 Calendar of Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1)	2)
3)	4) Self Defense @ 1 	5) Hair cuts @9/ Resident Meeting @11:30/ Morning Stretch @11	6) Pest Control Floor 1/ Caring Hospice @ 1/Unit Inspections Floor 4	7) Morning Stretch @11	8) Line Dancing @ 2pm	9)
10)	11)	12) Hair cuts @ 9 / Medicare-Medicaid @ 2/ Morning Stretch @11	13) Pest Control Floor 2/ Easter Lunch @ 12	14) Medicare Scams Talk @ 1pm/ Morning Stretch @11	15) 	16)
17) 	18) Chat Pals @11am	19) Morning Stretch @11/ Food Delivery	20) Pest Control Floor 3/ Scam Bingo @ 10:30/ Podiatry Clinic @ 9/ Birthday Party @ 12	21) Morning Stretch @11	22)	23)
24)	25) Cleveland Clinic @ 2	26) Morning Stretch @11	27) Pest Control Floor 4	28) Morning Stretch @11	29)	30)



All Dates and times are subject to change.

