

Fedor Manor News 2022

Office hours

Are Monday - Friday from 9am-3pm.
If you have an afterhours
maintenance emergency, please call
216-226-7575 and press 1.



Rent Payments

Rent is still due by the 5th of the month,
please be sure to place it in the slot on the
office door. DO NOT use an envelope.



Blog

If you've written something you
would like featured in our monthly
newsletter, send a copy to my email,
Slako@fedormanorapartments.com
Or drop a copy off to the office.



Recertifications

Those of you who are due for recertifications
will be delivered paperwork to sign and
return. At your scheduled interview, if you
cannot make it, please call Shauna at
216-226-7575 to reschedule. It is very
important to come to your scheduled
meeting to keep your rent subsidy.



Building Staff

Holly Linden - Property Manager
Shauna Lako - Occupancy Specialist
Wendy LaCasse - Service Coordinator
Lydia Perez - Custodian

Dennis Markley - Maintenance Supervisor
Sean Campbell - Maintenance Tech
Dept of Aging side 216-712-4010

No Smoking

By law you may not smoke within 30 feet of any entranceway. This means that you may not smoke by either entry door, the outdoor patio, or the outside stairway entrance. You must move away from the building to smoke. Smoking on the building grounds can result in a lease violation. Please see your house rules for information on this topic.



Events

Check the calendar for any upcoming events. All event dates and times will be posted. Events that require a signup sheet will have one placed on the sign-up table. Please check each event flyer for more information.



Socializing

Please refrain from "socializing" in front of any of the building's entryways. This can make it difficult for other residents to enter and exit the building while also causing a safety hazard.



After Hours Maintenance Emergencies

If you have an afterhours maintenance emergency, please dial 216-226-7575 and press 1 to be connected to the emergency service line. Please do not call the maintenance crews phones or knock on their doors. The emergency service will contact them if needed.



Loud Noises

Please be kind to your neighbors and keep the noise to a minimum between the hours of 10pm and 7am.



Facebook

Like our facebook page <https://www.facebook.com/fedormanorapartments>



Bag of Groceries

We will no longer be delivering the bag of groceries which is dropped off every third Tuesday of the month. You must come downstairs and pick it up. If you do not your bag of groceries will be donated. It will be listed on the calendar each month.



Shopping Carts

Tenants must sign up at the office to use the shopping carts. Please see a staff member to use them.



Promptness

Please be on time to any scheduled event you signed up for. If you are unable to attend, please remove yourself from the sign-up sheets. Most events are planned based on number of participants.



Laundry Room Rules

Please share the laundry room with your fellow residents. Only 2 washers and 2 dryers in use per tenant. No powder detergent!



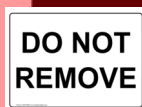
Hearing Impaired

CapTel: a company that specializes in phones that can be heard on but also read will be here on 2-10-2022. If your hearing is impaired and you are interested in a phone please contact Wendy.



Notice Boards

Please do not remove any flyers off of the notice boards.



Pictures

We will be taking pictures at our monthly events and putting them on our social media page. If you do not wish to have pictures of you included, please let us know.



Words with Wendy



Hello Fedor Manor Residents,

February is Black History Month. It's a time the country highlights and celebrates the accomplishments of Black Americans.

February 1st is Chinese New Year.

February 9th is the podiatry clinic on the second floor. Please call the office of Dr. Bakich at 330-339-6233 to schedule your appointment. When you call, please let them know you are from Fedor Manor.

Also, on February 9th at 11:00, Hospice of the Western Reserve will be here to do an art project.

Chair yoga will be held on February 14th at 11:00 on the first floor.

The bag of groceries will be available for pick up on February 15th at about 1:45. Please call me if you have any questions regarding this.

The next hearing clinic (to assess for a hearing aid) will be on February 18th from noon until 5:00 on the second floor. Please let me know if you would like to register. You can also get your ears cleaned out for \$25.

Simply Virtual will be at the Barton Senior Center on February 25th and March 25th from 10:00 until 1:00, if you need assistance with your tablet.

On February 23rd ESOP will be here for a presentation on estate planning and preparing for the future. They will be talking about living wills and power of attorney and how to prepare when the unexpected happens to us financially.

Words with Wendy



On February 24th, Dr. Anna van Heeckeren, Chief Veterinary Officer for One Health Organization, will be here to discuss planning for your pet care needs. The presentation will begin at noon on the first floor.

Please sign up if you are interested in attending any of the presentations.

Here is some information on health care power of attorney and living wills:

A living will declaration means a legal document that lets a competent adult specify what health care the person wants or does not want when he or she becomes terminally ill or permanently unconscious and can no longer make his or her wishes known.

A health care power of attorney means a legal document that lets a person authorize an agent to make health care decisions for the person in most health care situations when the person can no longer make such decisions.

In short, you can write down in your own words what your medical wishes are and appoint someone you trust to advocate for those wishes if you are not able to. The person you select to be your advocate, should have a copy of the form and understand your wishes regarding end-of-life care. You can list more than one person. The form needs to be notarized or you can have two witnesses witness your signature. The witnesses can't be related by blood, marriage, or adoption and can't be your physician or the guardian of your estate.

Make sure your doctor has a copy of this legal document for your records and take it with you when you travel.

There is also a place for organ donation enrollment which is optional.

Words with Wendy

You may change or revoke your documents at any time.

The best time to discuss your wishes is long before an urgent decision is needed. This will ease the strain on your loved ones.

Outside of my office, I have copies of the living wills and healthcare power of attorney for anyone interested. Please come to the presentation on the 23rd to learn more.

I also have medical information forms that you may want to put on your refrigerator in case paramedics are called to your home. There are copies on the first floor.

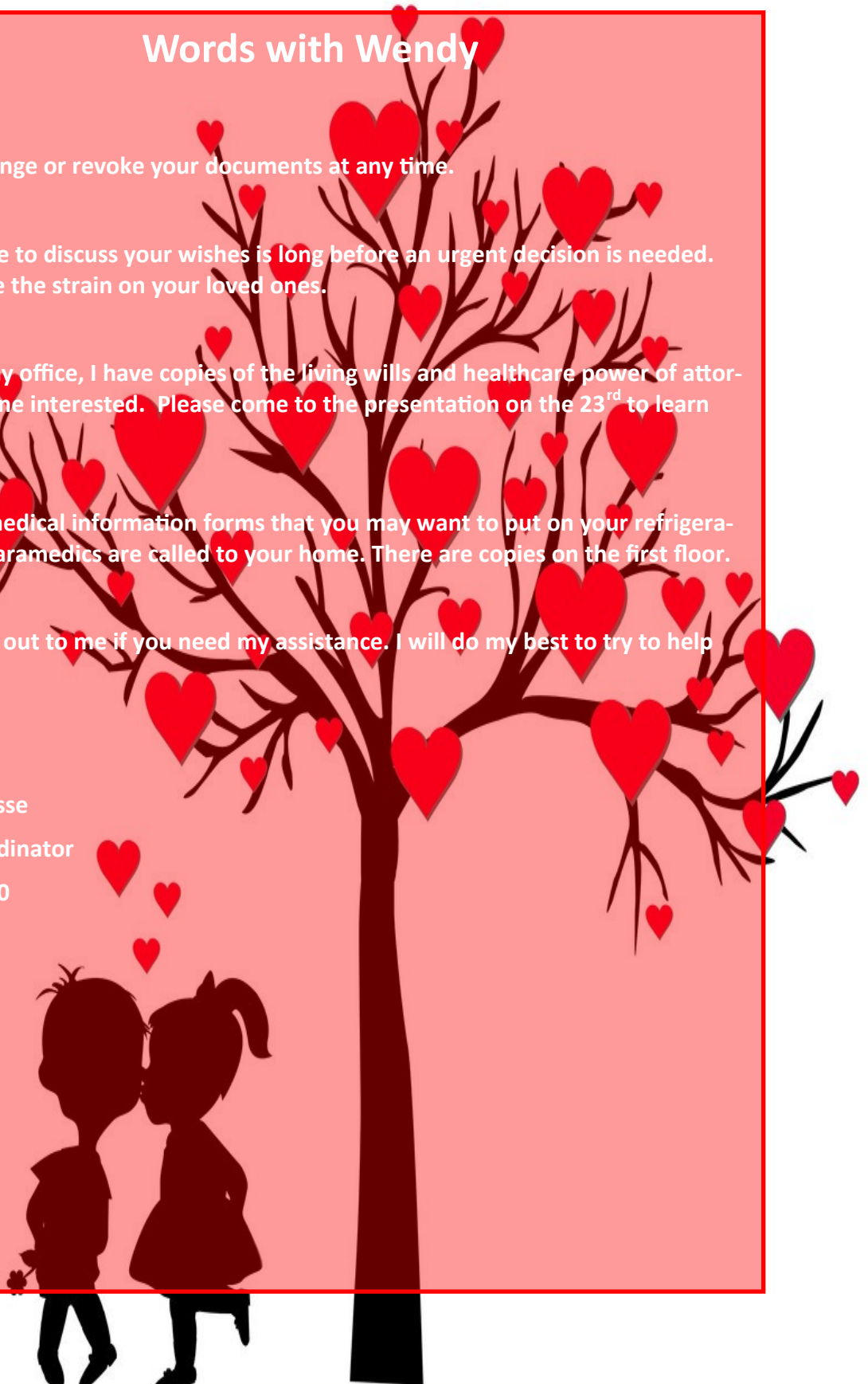
Please reach out to me if you need my assistance. I will do my best to try to help you.

Thank you,

Wendy LaCasse

Service Coordinator

216-712-4010



February Birthdays

Bienvenido Pena February 1st Apt 708

Carl Roach February 5th Apt 913

Jeanne Parti February 5th Apt 311

Douglas Pratt February 6th Apt 803

Ioan Petrascu February 6th Apt 914

Pamela Nichols February 6th Apt 403

Marian Bremmer February 9th Apt 211

Jeremia Morariu February 9th Apt 406

Jacqueline Graham February 10th Apt 810

Beatrice Wirks February 10th Apt 613

Alice Caldwell February 11th Apt 508

Janice Craig February 12th Apt 907

William Copfer February 14th Apt 812

Aida Pagan February 22nd Apt 701

Patricia Leflore February 23rd Apt 515

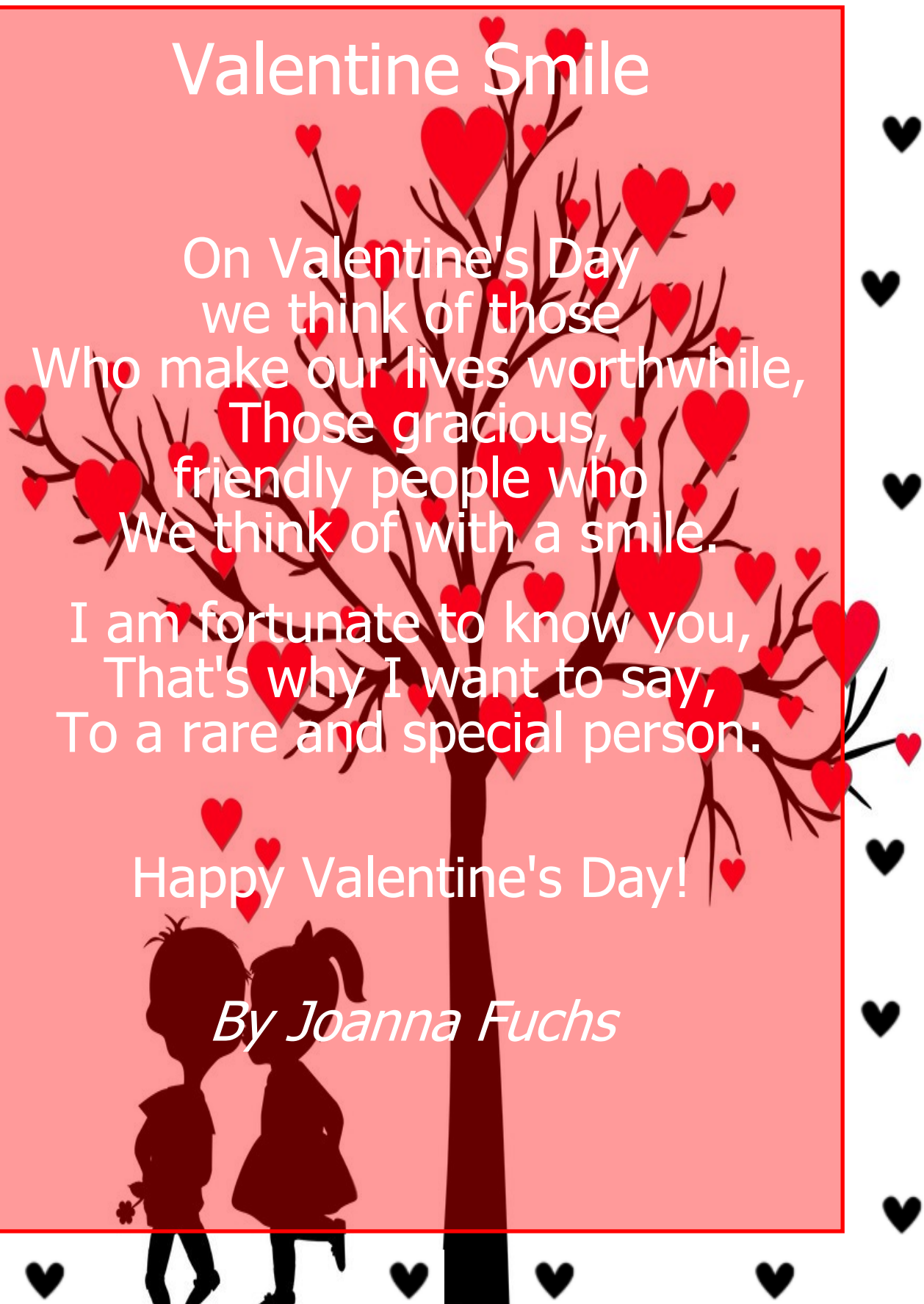
Mildred Jenkins February 26th Apt 411

Milentije Miljkovic February 28th Apt 908





Valentine Smile

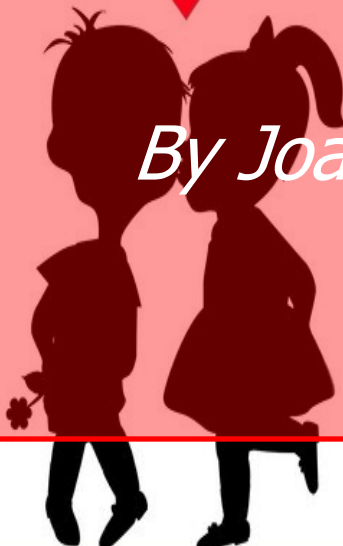


On Valentine's Day
we think of those
Who make our lives worthwhile,
Those gracious,
friendly people who
We think of with a smile.

I am fortunate to know you,
That's why I want to say,
To a rare and special person:

Happy Valentine's Day!

By Joanna Fuchs



Winter Woes and Being Bored

We all find our selves bored with not much to do during the winter season.
Here are some things you can try to pass the time.

Home Hobbies:

Playing an Instrument

Cooking

Crocheting

Writing

Solving Puzzles

Painting

Photography

Bird Watching

Board or card games

Video games

Healthy Hobbies:

Yoga

Tai Chi

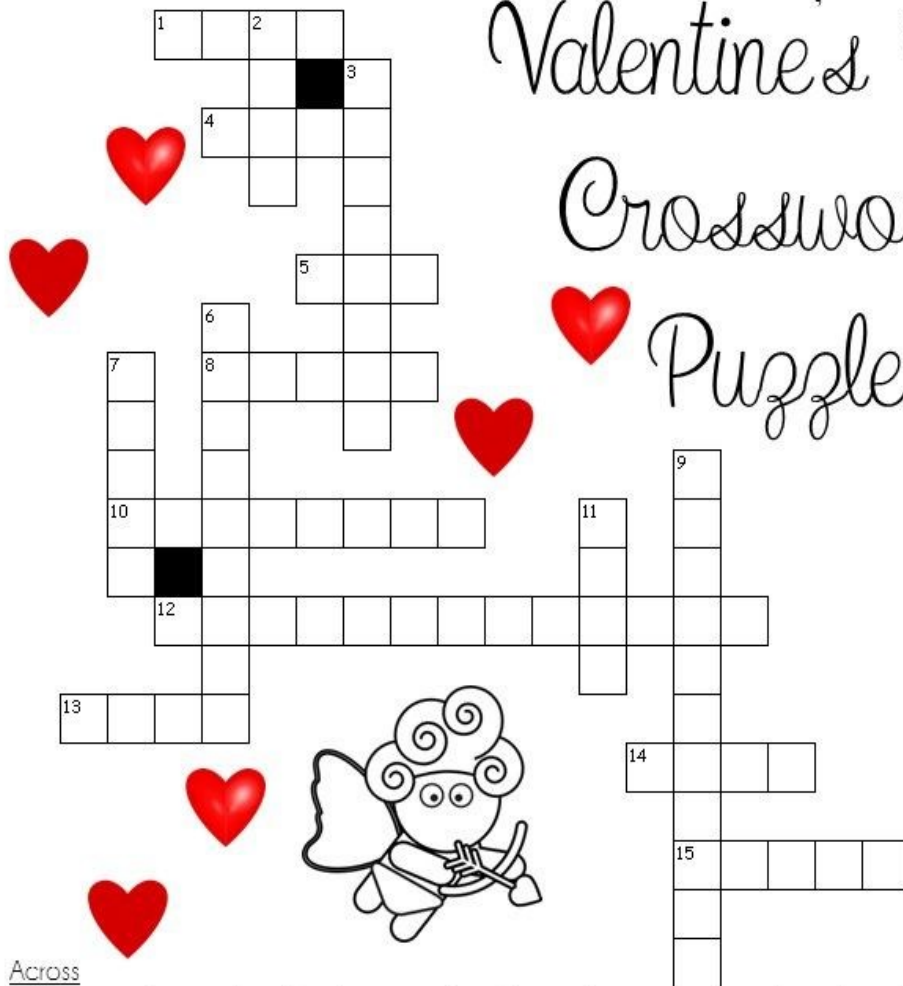
Dancing

Community Hobbies:

Volunteering— Food pantry, women's shelter, animal shelter, etc.



Valentine's Day Crossword Puzzle

























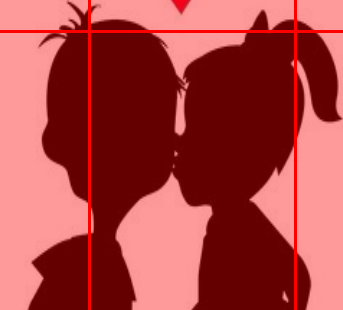
Across

1. A genre of writing that often rhymes and can be used to express love through words
4. A type of bird that is often associated with Valentine's Day
5. Gesture of love and an embrace from one person to another
8. The shape that is often red in color and associated as a symbol for Valentine's Day
10. Phrase one person says to another person to show affection
12. Holiday in February that celebrates love and is named after a Saint
13. The four-letter emotion expressed from one person to another
14. A decorated memento expressing a sentiment of love that is exchanged on Valentine's Day
15. A type of red flower that is typically given by the dozen as a gift for Valentine's Day

Down

2. The mythological god of love (also known as Cupid)
3. The month in which Valentine's Day occurs
6. Made from cacao, this candy is brown in color and typically given in a box as a gift on Valentine's Day
7. A small, winged boy who carries a bow and arrow, and is a symbol of Valentine's Day
9. The items Cupid carries and uses to cast love spells
11. Gesture of love from one person's lips to another's cheek or lips

February Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		1) Hair Cuts @ 9am 	2) Pest Control 3rd floor/ Line Dancing w/ Americorp @11  	3)	4) Bingo Nights @ 7pm / Care packages @12  	5)	
6)	7)	8) Hair cuts @ 9am 	9) Pest Control 4th Floor / Podiatry clinic @9am/ Art project Western Reserve @ 11am  	10) Captel- @11am 	11) Bingo Nights @ 7pm 	12)	
13)	14) Chair Yoga @ 11am  	15) Hair Cuts @ 9am/ Grocery Delivery  	16) Pest Control 5th Floor / Birthday Party @ 12pm  	17)	18) Hearing Clinic @ 12pm/ Bingo Nights @ 7pm  	19)	
20)	21)	22) Hair Cuts @ 9am 	23) Pest Control 6th Floor / Esop Presentation @ 1pm 	24) Anna the Vet @ 12pm 	25) Bingo Nights at 7pm 	26)	
27)	28)						

All dates and times are subject to change